

## WEEKLY WERMA SADHANA STUDY GROUP

First Semester of three (six weekly sessions)

“The purpose of this course is to deepen one’s understanding of the Werma Sadhana and Kingdom of Shambhala transmission through study of the Kalapa Assembly transcripts. The talks chosen have not been previously studied within the Shambhala Training sacred path program, and are now key to accessing the wisdom of the Werma Sadhana.”

– *Course syllabus*

The Weekly Werma Sadhana Course was developed by the Shambhala International Office of Practice and Education. The first semester is an in-depth study of the three courts and drala principle.

Each session consists of an hour of Werma practice followed by a discussion on the readings for that session.

Where: Shambhala Meditation Center of St. Johnsbury, 17 Eastern Avenue, St. Johnsbury, Vermont.

When: Tuesday evenings at 6:30 PM, beginning December 5, 2006.

The course is open to:

1. Graduates of Kalapa Assembly.
2. Sadhakas who have attended a Rigden Abisheka.
3. Tantrikas who have completed their Rigden ngöndro and who have attended a Rigden Abisheka. Those who have not yet completed their Rigden ngöndro should complete those practices first.

Cost: At this point, the only proposed costs are small amounts to cover photocopying.

To register, contact Ed Van Damme at 748-1695 or edvandamme@hotmail.com, or register at the Center on Tuesday, December 5.

*Teachers:*

One of the purposes of this course is to give members of the group the opportunity to lead the discussions on the readings on a voluntary rotating basis. The group may invite teachers who will be encouraged to let the group work through the discussion of the reading material rather than to simply “teach” it.