

MAHAYANA AND THE BODHISATTVA VOW

A Practice Weekend with Suzann Duquette

“All sentient beings are endowed with wisdom, compassion, and power, yet we suffer through confusion about what our true nature is. In the early stages of the path, we work to free ourselves from our confusion and suffering. When we attain some confidence and realize that beings are still caught in suffering, we become inspired to dedicate our lives to helping them. We take the bodhisattva vow and formally undertake the disciplines of a warrior bodhisattva.”

– *Vajradhatu Curriculum for Teachers*

This two-day program examines the practices we cultivate in our training as bodhisattva warriors and is a prerequisite for taking the bodhisattva vow. The course focuses on the four immeasurables and the bodhisattva vow, including a commentary on The Mahayana Morning Liturgy. It concludes with a discussion on living as a bodhisattva warrior.

This program is a Shambhala School of Buddhist Studies (SSBS) course. The SSBS curriculum consists of four cycles of four courses each. “Mahayana and the Bodhisattva Vow” is the second course of the fourth cycle.

Where: Shambhala Meditation Center of St. Johnsbury, 17 Eastern Avenue, St. Johnsbury, Vermont.

When: Saturday, September 23, and Sunday, September 24, 8:30 AM to 5:00 PM.

Prerequisites: This course is open to all students. It is recommended that students who want to take this course and have not taken other classes discuss this with their meditation instructors.

Cost: \$75 (\$60 for members), including lunch both days.

To register, contact Ed Van Damme at 748-1695 or edvandamme@hotmail.com, or sign up at the Center.

About Suzann Duquette

Suzann Duquette has been studying and practicing Buddhist and Shambhala teachings since the mid-1970s. She teaches widely at meditation retreats, dathüns and other programs, most recently at Karmê Chöling 2006 Sutrayana Seminary. Ms. Duquette is a former co-director of Karmê Chöling and a member of the Denma Translation Group, which published Sun Tzu’s *Art of War, a New Translation*, in January 2001.